

SACK LUNCH SPECIFICATIONS (7500)

(Revised 1996)

Sack lunches will consist of the following:

Two Meat Sandwiches:

Meat sandwiches must be wrapped in plastic wrap or plastic bags. The Contractor may separately wrap the meat, cheese and bread within each lunch.

One sandwich will contain two slices of dark bread, when available, and the other will contain two slices of white bread.

Sliced meat (2-1/2 oz.) - no salami or bologna.

- Roast beef (solid), or
- Pork, or
- Ham, or
- Corned beef, or
- Turkey breast, or
- Pastrami, or
- Combination of Swiss or American cheese with any of the above (combination weighing 2-1/2 oz.).

Sandwiches in each lunch shall not contain the same type of meat.

The Contractor, at his/her option, within the first three days, may serve one super sandwich, equivalent to two meat sandwiches.

The Food Unit Leader may request the Contractor substitute a special entree for the two meat sandwiches or the Contractor may request the same to be approved in advance by the Food Unit Leader and agreed to by the Contractor. Nutritive content will be equivalent to or greater than that found in the two meat sandwiches. For example:

- Submarine or Hoagie (salami and/or bologna may be used)
- Pita (pocket bread)
- Pre-cooked hamburger patty (may contain soya)
- Peanut butter and Jelly sandwich
- Meatloaf
- Other items mutually agreed upon

Fresh Fruit:

Fresh fruit will be one apple (minimum size 100 count) or one orange (113 count or under), or other fresh fruit approved by the Food Unit Leader.

Pre-Wrapped Cookies:

Four regular, or equivalent, wrapped to prevent crumbling.

Small Bag of Chips**Non-Carbonated Drink:**

With "pop-top", 12 oz.

One Candy Bar:

Or equivalent in trail mix, peanuts, or bagged candy (40-60 count).

Condiments:

Two individual packets of mayonnaise (if available, an appropriate substitute) and two individual packets of another condiment appropriate for the entree being served. Margarine packets must be available for use when requested by the Food Unit Leader.

Paper Napkins**One Stick of Chewing Gum or Plastic Wrapped Hard Mint.**

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