



Fire Protection Training

Procedures Handbook 4300

ROPES & KNOTS

TOPIC: Fire Service Rope Construction and Use

TIME FRAME: 1 Hour

LEVEL OF INSTRUCTION:

BEHAVIORAL OBJECTIVE:

Condition: A written quiz

Behavior: The student will list and describe the types of rope used in the fire service, comparing fibers utilized, color coding, construction and characteristics of each.

Standard: With a minimum of 70% accuracy

MATERIALS NEEDED:

- Appropriate visual aids
- Rope samples
- Audio visual equipment

REFERENCES:

- IFSTA, Essentials of Fire Fighting, 2nd Edition, Chapter 3

PREPARATION:

Rope is one of the most versatile tools used in the fire service. It can be used to raise, lower and secure equipment. It is used extensively in life rescue. It is essential that all firefighters recognize the different types of rope and be able to identify their proper use.



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FIRE SERVICE ROPE
CONSTRUCTION AND USE

PRESENTATION	APPLICATION
<p>I. ROPE CLASSIFICATIONS</p> <p>A. CDF Ropes or "Lines" Fall Into Two Categories</p> <ol style="list-style-type: none">1. Life lines or rescue lines2. Equipment or utility lines <p>B. Lifelines or Rescue Lines</p> <ol style="list-style-type: none">1. Color coded green2. Used for supporting human life<ol style="list-style-type: none">a. Rappellingb. Rescue3. Used exclusively for life safety operations and identified for this use only4. Used for rescue or when the failure of the rope will result in death or injury5. Are made of nylon static kernmantle6. Minimum NFPA Standard<ol style="list-style-type: none">a. Minimum breaking strength of 9000 lbs.b. 1/2" diameterc. Sufficient strength to support two people <p>C. Utility or Equipment Lines</p> <ol style="list-style-type: none">1. Color coded red2. Used for pulling, lifting, hoisting, hauling, and tying off equipment or objects	<p>Ropes fall into what two categories?</p>



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<p>3. Less reliable than lifelines and should not be used where human life is endangered</p> <p>4. Often equipment lines are downgraded lifelines</p> <p>5. Can be of smaller diameter than lifeline for example - 1/4", but usually 1/2" - 5/8"</p> <p>II. ROPE PROPERTIES</p> <p>A. Tensile Strength</p> <p>1. A measure of the static or unmoving force or load required to break a rope</p> <p>a. NFPA Standard - 9000 lb rating for lifeline</p> <p>B. Working Strength</p> <p>1. For safety reasons, the amount of weight or load allowed to be applied to a rope</p> <p>2. 20 % of current tensile strength</p> <p>3. Each use decreases strength</p> <p>a. Rope strength is never constant</p> <p>C. Energy Absorption</p> <p>1. Measure of the shock absorbing quality of rope</p> <p>2. Total dynamic load or force applied should not exceed the ropes working strength</p>	<p>What is tensile strength?</p> <p>What percentage of tensile strength is a ropes working strength?</p>



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<p>D. Safe Life</p> <ol style="list-style-type: none">1. A measurement of how long it is safe to use a piece of rope and is affected by:<ol style="list-style-type: none">a. Ultraviolet radiation (sunlight)b. Moisture/causticsc. Abrasiond. Number of days in usee. Agef. Number and size of loads applied2. Abrasion is the most important factor in a ropes safe life. The more abrasion it has experienced, the shorter the life of the rope3. Natural fiber rope deteriorates rapidly in direct proportion to its age<ol style="list-style-type: none">a. 10% loss in strength per year whether used or notb. Should not be used as life or rescue lines4. Nylon deteriorates in direct proportion to:<ol style="list-style-type: none">a. The number of times it is usedb. The amount of abrasion that it is subject to <p>E. Strength of Application</p> <ol style="list-style-type: none">1. A measure of whether rope can be safely used in a specific configuration for a specific load	<p>What is safe life?</p>



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<ul style="list-style-type: none">2. Tensile strength is lessened by the number of knots and bends along its length3. Every bend and knot potentially weakens the rope <p>III. MATERIALS USED IN ROPE CONSTRUCTION</p> <p>A. Natural Fiber</p> <ul style="list-style-type: none">1. Natural fibers are all vegetable products that have been cut from stems of plants<ul style="list-style-type: none">a. Manilab. Cottonc. Hemp/sisal2. Natural fibers will degrade with age as they slowly decompose3. Natural fibers are subject to mildew and rot4. Natural rope should not be utilized in rescue operations or as lifelines <p>B. Synthetic Fiber</p> <ul style="list-style-type: none">1. Nylon/Dacron<ul style="list-style-type: none">a. Most common fiber found in fire service rope todayb. Has a high tensile strength - approximately twice that of the same diameter manila ropec. Has good heat and chemical resistance when compared to manila rope	



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<ul style="list-style-type: none">d. Can stretch considerably under load depending upon how the rope is constructede. Dacron has less abrasion resistance and energy absorption than nylon <p>2. Polyethylene/Polypropelene</p> <ul style="list-style-type: none">a. Not desirable for rescue rope due to low strength, high stretch, and low heat resistance.b. Found in blended ropes used in water rescue because of floating characteristics	
IV. ROPE CONSTRUCTION	
A. Laid Rope	
<ul style="list-style-type: none">1. Traditional method of building ropes.2. Fibers are twisted into strands and strands are twisted in the opposite direction into the completed rope.3. Vulnerable to abrasion and cutting as 80-90% of the fibers come to the surface of the rope at some point.4. On 3 strand rope, the failure of 1 strand will result in the loss of 2/3rds of the ropes total strength.5. Since laid rope is twisted during manufacture, it will untwist when loaded.<ul style="list-style-type: none">a. Do not use in devices which tend to twist further such as lifebelts and carabiniers.6. Kinks easily	
B. Braided Rope	



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<ul style="list-style-type: none">1. Manufactured by weaving 12 or more strands into a solid braid.<ul style="list-style-type: none">a. Finished rope is in a loose weaveb. Susceptible to abrasion -100% of fibers come to surface at some pointc. Dirt enters rope weave easilyd. Rope elongates excessivelyC. Braid - On - Braid<ul style="list-style-type: none">1. Two unconnected braids - one inside the other2. Less susceptible to abrasion - only 50% of fibers come to the outside of the rope at some point3. Used by a number of agencies for rescue or other applicationsD. Kernmantle - Static & Dynamic<ul style="list-style-type: none">1. Static kernmantle is a tight mass of synthetic fibers that are placed under tension in a woven jacket or sheath of like synthetic fiber.<ul style="list-style-type: none">a. This construction creates a rope which:<ul style="list-style-type: none">(1) Will not stretch more than 2%(2) Will not kink(3) Has 75% of its fibers protected by a woven sheath and is therefore abrasive resistant(4) Has a central core which comprises 75% of the ropes strength	



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<ul style="list-style-type: none">2. Dynamic kernmantle is similar in construction to static kernmantle but with 15-20% stretch<ul style="list-style-type: none">a. Poorly suited for most rescue applications due to extreme stretch3. Kernmantle rope, is also difficult to inspect due to the nature of construction.	



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SUMMARY:

Ropes are important tools in the fire service. It is important that we recognize and identify the different types of rope construction and the application for which each rope is best suited.

EVALUATION:

A written quiz.

ASSIGNMENT:

As determined by instructor(s).