



# FIRE PROTECTION TRAINING

Procedures Handbook 4300

HOSE

**TOPIC:** How to Couple Hose, Over-the-Hip Method - One Person

**TIME FRAME:** :15

**LEVEL OF INSTRUCTION:** Level II

**BEHAVIORAL OBJECTIVE:**

*Condition:* One length of hose with male and female couplings

*Behavior:* The student will couple hose using the one person over-the-hip method under simulated fireground conditions.

*Standard:* With a minimum of 80% accuracy within 30 seconds

**MATERIALS NEEDED:**

- Performance examinations
- Individual score sheets
- One section of hose per student
- with attached male and female couplings
- One (1) stop watch
- One (1) clip board
- One (1) red pen
- Appropriate fire safety PPE per CAL FIRE policy

**REFERENCES:**

- IFSTA, Hose Practices, 7th Edition, Chapter 4, Basic Methods of Handling Hose

**PREPARATION:**

In the fire service there are a number of ways to couple hose. One of the more effective ways to do this with large diameter hose is the over-the-hip method.



# FIRE PROTECTION TRAINING

Procedures Handbook 4300

HOW TO COUPLE HOSE, OVER-THE-HIP  
METHOD- ONE PERSON

OPERATIONS	KEY POINTS
1. Take position	1a. At coupling
2. Pick up female coupling	b. Alongside hose
3. Pick up male coupling	2a. With working hand
4. Inspect couplings	b. Securely
5. Position female coupling	3a. With other hand
6. Position male coupling	b. Securely
7. Set threads	c. Palm up
8. Tighten coupling	4a. Threads
9. Lay couplings down	b. Shape
	c. Gasket
	d. Obstructions
	e. Swivel
	5a. Hose straight behind body
	b. Right knee bent slightly
	c. Hose from rear across upper leg
	d. Coupling forward and downward
	6a. Both couplings together
	7a. Turn female coupling swivel counter clockwise until click
	8a. Turn female coupling swivel clockwise to make connection
	b. Align flat sides of hose
	c. Hand tight
	9a. On ground
	b. Gently



# FIRE PROTECTION TRAINING

Procedures Handbook 4300

HOW TO COUPLE HOSE, OVER-THE-HIP  
METHOD- ONE PERSON

---

## ***APPLICATION:***

The student will practice coupling hose, over-the-hip method-one person under instructor supervision.

## ***EVALUATION:***

The student will complete a manipulative performance test at a time determined by the instructor.

## ***ASSIGNMENT:***

Practice coupling hose, over-the-hip method-one person, in preparation for the upcoming performance test.