



FIRE PROTECTION TRAINING

Procedures Handbook 4300

PERSONAL PROTECTIVE ENSEMBLE

TOPIC: How To Don Personal Protective Ensemble – Structural

LEVEL OF INSTRUCTION: Level II

TIME FRAME: :15

BEHAVIORAL OBJECTIVE:

Condition: A full set of structural fire personal protective ensemble (PPE) with turnout pants arranged with boots pre-positioned inside pant legs and pants folded down (bunker style)

Behavior: The student will don the structural fire personal protective ensemble while wearing CAL FIRE work pants, T-shirt, with work boots removed.

Standard: With a minimum 80% accuracy, within 90 seconds, according to the job breakdown

- MATERIALS NEEDED:**
- One set structural fire personal protective ensemble (PPE) per student per CAL FIRE policy
 - Performance examinations
 - Individual score sheets
 - One (1) stop watch
 - One (1) clip board
 - One (1) red pen

REFERENCES: IFSTA, Essentials of Fire Fighting, 5th Edition
IFSTA, Firefighters Occupational Safety, 4th Edition
CAL FIRE Health & Safety Manual – Section 1721

PREPARATION: Personal protective ensemble is issued to each firefighter and its use is mandatory. Your personal safety and your value as a crew member depend on your utilization of the personal protective ensemble.



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HOW TO DON STRUCTURE PERSONAL PROTECTIVE ENSEMBLE

OPERATIONS	KEY POINTS
1. Step into boots	1 a. One foot at a time
2. Pull up pants	2 a. Grasping waist band on either side b. Pulling straight up c. Until fully extended
3. Connect pant fasteners	3 a. Connecting all snaps b. Connecting waist clasp
4. Pull up suspenders	4 a. Over top of shoulders b. No twists c. Adjusting length as needed
5. Put on fire resistive hood	5 a. Pulling onto head b. Base opening first c. Covering head, neck, and ears d. Face through smaller opening
6. Put on coat	6 a. Arms through sleeves one at a time b. Bib of fire resistive hood inside coat
7. Connect coat fasteners	7 a. On front opening of coat b. All internal snaps and fasteners c. All external snaps and fasteners

4305.3.1



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OPERATIONS	KEY POINTS
8. Put on helmet	8 a. Assess for proper fit b. Adjusting headliner as needed
9. Lower helmet shroud	9 a. Edges in full down position b. Draped outside of coat collar
10. Secure helmet chin strap	10a. Under chin b. Assessing for tight fit c. Tightening as needed
11. Fasten collar throat strap	11a. Collar fully extended upward b. Covering back of neck fully c. No twists in straps d. Secure fit
12. Lower helmet face shield or place goggles on face over eyes	12. Assuring adequate eye protection
13. Put on gloves	13a. Putting gloves on both hands b. Wristlets fully extended c. Wristlets under cuff of sleeve liner d. Covering all skin

4305.3.1



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APPLICATION:

Student will practice while being supervised and coached by the instructor.

EVALUATION:

A manipulative performance test.

ASSIGNMENT:

To be determined by the instructor(s).